



Get Up & Goals: Speaking Up with Shakespeare

Once more unto the breach, dear friends, once more;
Or close the wall up with our English dead.
In peace there's nothing so becomes a man
As modest stillness and humility:
But when the blast of war blows in our ears,
Then imitate the action of the tiger;
Stiffen the sinews, summon up the blood,
Disguise fair nature with hard-favour'd rage;
Now set the teeth and stretch the nostril wide,
Hold hard the breath and bend up every spirit
To his full height. On, on, you noblest English.
I see you stand like greyhounds in the slips,
Straining upon the start. The game's afoot:
Follow your spirit, and upon this charge
Cry 'God for Harry, England, and St George!'

This resource and the accompanying video have been created by The Handlebards as part of Liverpool World Centre's 'Get Up & Goals' project. The project is co-funded by DEAR (Development Education and Awareness Raising) Programme of the European Commission. Its contents are the sole responsibility of Liverpool World Centre and do not necessarily reflect the views of the European Union. Project Number: CSO-LA/2017/388-124

